

**FOR IMMEDIATE RELEASE**  
**TIPS FOR JOB HUNTERS DURING RECESSION**  
***Graham Staffing Offers the Top 5 Tips for Getting a Job During a Recession***

**Washington, D.C.**, February 12, 2009 – Economic downturn. Tightened budgets. Job seekers wonder where this leaves their professional development. With more occupational strife, the New Year seems glum, but with the right job searching tips 2009 holds great promise.

“During this tough economic time, applying and interviewing for jobs seems a fruitless effort for a lot of job seekers,” says Taryn Crowder, Marketing Coordinator at Graham Staffing Services, Inc., “but, with the right preparation, this is an excellent time to set yourself apart from the masses.”

Graham Offers the Top 5 Tips for Getting a Job During a Recession:

1. **NETWORK. NETWORK. NETWORK.** Jobs DO exist. The importance of making connections with the right people in your community is truly the difference between being employed and being unemployed.
2. **DETERMINE YOUR STRENGTHS.** During a recession, most jobs are specific. So, determine your TOP strengths and make these apparent in your resume, cover letter and in your interviews.
3. **USE THE INTERNET.** There are many job boards out there. Do your research and determine which sites fit your career path and your skill set and **APPLY, APPLY, APPLY.**
4. **WORK HARD.** Finding a job is a job in itself. It requires hard work and determination. Make sure your resume is formatted correctly, you are applying to jobs that fit your skill level and **ALWAYS** include a cover letter – this offers more description on why YOU deserve a job during this poor economy.
5. **IT’S OK TO TAKE A TEMPORARY JOB.** While looking for that perfect job, it’s better to continue to build upon your current skill set so you’re better prepared once the perfect job does come around. This is also a good opportunity to find that dream job within the company you’re Temp’ing for – we call it a “working interview.”

For more information on Graham Staffing Services, Inc., visit [www.grahaminc.com](http://www.grahaminc.com)

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